



WHO YA GONNA CALL?

NASHVILLE - INSTEAD OF CALLING THE POLICE, CALL THESE 24/7 HOTLINES:

Mental/Emotional Health Crisis including Suicidal Thoughts or Intent

Psychiatric Mobile Crisis Team (danger to self or others) **615-726-0125**

TN Dept, of Mental Health 24 hr crisis line 855-crisis-1 (**855-274-7471**)

Mental Health Crisis text line: **text home to 741741**

National Suicide Prevention Hotline: **1-800-273-8255**

Domestic Violence

YWCA of Nashville and Middle TN Crisis Hotline **1-800-334-4628; TEXT 615-983-5170**
Family & Children's Service Crisis (**615**) **244-7444; TEXT 615-502-HERE (615-502-4373)**

Metro Office of Family Safety (not 24/7) **615-880-1100**

Rape/Sexual Assault

Sexual Assault Center, Middle TN **1-800-879-1999; 866-811-7473**

RAINN National Hotline 800-656-HOPE (**800-656-4673**)

National Sexual Assault Hotline: **1-800-656-4673**

Victim Connect (not 24/7) 855-4-VICTIM (**855-484-2846**)

Youth Resources

Oasis Center (for youth up to 24 years old) **615-327-4455**

TN Dept of Children's Services **877-237-0004**

Substance Use Resources (not including medical emergencies)

Tenn Redline (for substance use and rehab resources) **1-800-889-9789**

Alcoholics Anonymous Helpline: **1-800-711-6375**

Al-Anon Family Support: **615-333-6066**

Narcotics Anonymous Helpline: **1-800-677-1462**

Clothing, Shelters, Showers, Food for Unhoused People

Nashville Rescue Mission; Men's (**615**) **255-2475**, Women's **615-312-1574**

United Way's Help Line: **211**, www.211tn.org

Elder Resources

Council on Aging (Not 24/7) **615-353-4235**

Adult Crisis, Statewide: **855-274-7471**

Animal Control, Cruelty, and Complaints

Metro Animal Control Center (Not 24/7) **615-862-7928**

LGBTQ+ Resources

PFLAG Nashville (24 hr voicemail line) **615-208-4528**